



CLIMB Parent Resources

May 16 & 17, 2020

Peter and John are taken to the Sanhedrin
Our Bible story this week comes
from Acts 3:1 - 4:21.

Stand 'em Up, Knock 'em Down

What You Need: Dominoes or other similar rectangular(ish) objects that can be set up vertically

What You Do:

- Divide your family into teams, and give each team some dominoes.
- Teams must line up a certain number of dominoes (your call on how many) before knocking them down.
- If they accidentally knock them down too soon, they must start over.
- Repeat as many times as you wish, coming up with a different number of dominoes to set up each time.

Discussion:

“Whew! That was tough! It’s so frustrating when you ALMOST had enough dominoes lined up, and then you accidentally knocked them down. But you had determination and kept going! In our Bible story this week we’ll hear all about what we should do when things get tough.”



Tough Stuff

(This is a fun but messy project!)

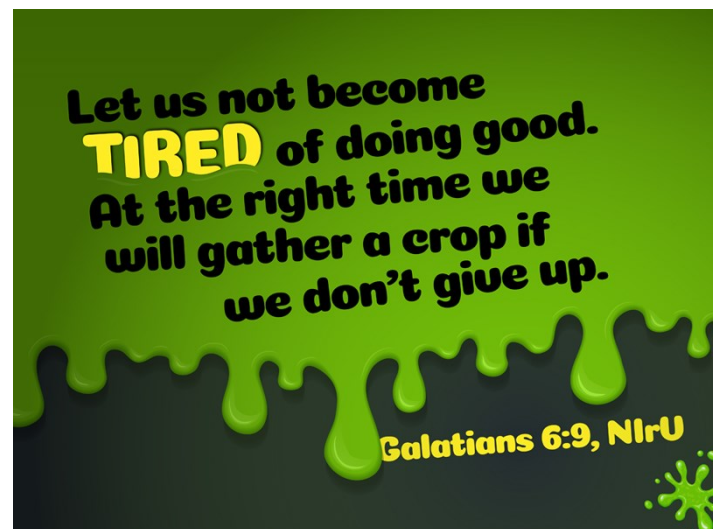
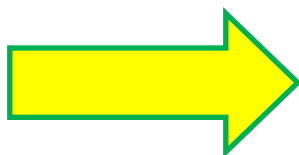
What You Need: a large mixing bowl, 2 cups of dry cornstarch,
1 cup of water

- Put the 2 cups of cornstarch in the mixing bowl.
- Pour 1 cup of water into the bowl.
- Use your hands to mix up the water and cornstarch. You might want to take turns!
- Once it's all mixed up, encourage your kid(s) to play with the goo.
- Remind them to keep their hands over the bowl so they don't spread the mess around.
- Talk about what happens to the goo when you squeeze it in your fist versus when you open your hand.

Discussion:

“That was so cool! The goo was ‘tough’ when you squeezed it, but when you let go, it dripped back down into the bowl. This week we’re learning to **keep going even when it gets tough**. Just like the goo was tough sometimes, things in our lives can get tough sometimes. Maybe you start out on a school project, and it seems easy enough, but as you work on it, it gets tougher. Or maybe you get tired in gym class or soccer practice and think it’s impossible to keep going. You know what? It’s probably not. With determination, you can keep going, and not only that, but the next time it might even be easier!”

**Don't forget to
practice your
memory verse
this week!**



Family Discussion

Isn't it so hard to continue what we started when things go wrong? I completely agree!

Parents: share a time when you decided to finish something even though you faced a challenge.

Talk about what helped you hang in there: a kind

friend, prayer, something working out to give you a boost of encouragement, etc. Just like I decided to show determination, you can

choose to keep going, too! Whatever hurdle comes your way, it is always worth it to finish what we started. Let's decide that this week, we are going to keep going even when it gets tough.



Pray as a family

Do a call and response prayer, where the parent says a time where determination is needed and the kid(s) respond with "help me keep going." Some examples are given below. Feel free to substitute with activities which your kid(s) may struggle.

"Dear God, we know You'll help us when we ask.

"When my homework is just too hard . . . help me keep going.

"When I can't read all the words in my new book . . . help me keep going.

"When I feel like I can't run down the soccer field one more time . . . help me keep going.

"When I think I'll never learn the new math rules . . . help me keep going.

"When things get tough . . . help me keep going.

"Amen!"

